

**Our Lady of the Rockies Region Annual Retreat**  
**Ursuline Centre, Great Falls, MT**  
**August 28-30, 2009**  
**Host Fraternity: St. Charles Borromeo**

**Friday 28 August 2009**

3:30 – 6:00 p.m.	Registration, Check-in and Room Assignments
6:00 – 6:15 p.m.	Welcome and Introductions
6:15 – 7:00 p.m.	Dinner and Fellowship
7:00 – 7:45 p.m.	<b>Preparing for the Weekend</b> - Bob Fitzsimmons SFO: <i>“Crucified Love, the meditation from St Clare - quieting, centering, focusing”</i>
7:45 p.m.	Social Time

**Saturday, 29 August 2009**

8:00 – 8:30 a.m.	Breakfast and Fellowship
8:30 – 9:00 a.m.	Collect sack lunches and travel to Poor Clare Monastery
9:00 – 9:30 a.m.	Introductions and tour of monastery
9:30 – 10:00 a.m.	Morning Prayer
10:00 – 11:00 a.m.	<b>Session 1</b> - Bob Fitzsimmons SFO: <i>“Franciscan Theology as Alternate Theology – Beginning Our Legacy from Francis”</i>
11:00 – 11:15 a.m.	Break
11:15 – 12:15 a.m.	<b>Session 2</b> - Elizabeth McNamer SFO: <i>“St. Francis and the Muslims”</i>
12:15 a.m. – 12:45 p.m.	Lunch and Fellowship
12:45 – 1:45 p.m.	<b>Session 3</b> - Bob Fitzsimmons SFO: <i>“Understanding Franciscan Spirituality – Food for On-going Formation”</i>
1:45 – 2:00 p.m.	Break
2:00 – 2:30 p.m.	Randy Heinz SFO: <i>“State of the Region”</i>
2:30 – 2:45 p.m.	Break
2:45 – 4:30 p.m.	Reflection led by the Poor Clares, Reconciliation and prepare for Mass
4:30 – 5:30 p.m.	Mass & Welcoming of Great Falls Inquirers Celebrant: Fr. Roger Veik OFM Cap
5:30 – 6:00 p.m.	Return to Ursuline Centre
6:00 – 6:30 p.m.	Dinner and fellowship with the Poor Clares
6:30 – 7:00 p.m.	Evening Prayer
7:00 – 8:00 p.m.	<b>Roundtable Discussion</b> – <i>“State of Fraternities, Local Formation, and Promotion of the Order in Our Communities”</i>
8:00 p.m.	Social Time

**Sunday, 30 August 2009**

8:00 – 9:00 a.m.	Breakfast and Fellowship
9:00 – 9:30 a.m.	Morning Prayer
9:30 – 10:30 a.m.	<b>Session 4</b> - Bob Fitzsimmons SFO: <i>“The New Formation Plan”</i>
10:30 – 11:00 a.m.	Renewal of Profession, Blessing and Farewell
11:00 a.m.	Regional Council Meeting