

You may notice that the Saint Anthony Pax et Bonum has changed its' format and name. We apologize for the confusion. The Pax et Bonum Newsletter was costing our Fraternity too much time and money. In the interest of Franciscan Simplicity, we are cutting the newsletter to two pages.

My Brothers and Sisters in Christ, Francis & Clare:

"PEACE BE WITH YOU!!"

In these days of sudden and stark turmoil, trouble and conflict, in our global community, our own country, and in our communities, we must, more than ever, continue to keep our focus on the One who holds us up, comforts us, and shelters us from all negative things.

And the avenue to this continued salvation from evil is to continue to do the things we do best, and what we know is best: to pray; and not only for ourselves, within the private chapel of our own hearts, but especially for all those who are most in-need of these graces, who can't help themselves, and who are most in-need of healing.

I just returned from the funeral of one of my friend's father (and it doesn't bother me to say it was as a Lutheran parish, because we are all in-prayer together!!). One of the readings chosen by the Pastor spoke SOOO directly to what we all need.

And I share it with you thus:

A Reading from the Book of Psalms (Psalm 121, "A Song of Ascents"):

"I lift up my eyes to the hills -- from where will my help come?

My help comes from The Lord, who made heaven and earth.

"He will not let your foot be moved;

He who keeps you will not slumber.

He who keeps Israel will not slumber nor sleep.

"The LORD is your keeper;

The LORD is your shade at your right hand.

The sun shall not strike you by day,

nor the moon by night.

"The LORD will keep you from all evil; He will keep your life.

The LORD will keep your going-out and your coming-in  
from this time on and forevermore."

Blessings to you all, Joe Korona SFO,  
Minister of St. Anthony Fraternity

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**Page 2 Troubadour—Saint Anthony Fraternity Our Lady of the Rockies Region**

**DATES TO REMEMBER IN FEBRUARY AND MARCH**

**February 17 Karen Reidl SFO birthday**

**February 19—profession anniversary Colleen Thomas SFO**

**February 21 and 22 John Neumann SFO sendoff for his pilgrimage to Assisi**

**February 25 Ash Wednesday**

**February 27 Stations of the Cross 4:40pm, Mass at 5:00 pm and Fish Fry Dinner at Saint Anthony Parish—anyone wanting to volunteer to do stations or work at fish fry, see editor**

**March 6 –Stations, Mass and Fish Dinner as above, Saint Anthony Parish**

**March 7 Povorello 8:30 am--- our Fraternity works in the kithcen**

**March 10-evening meeting of Saint Anthony Fraternity—Blessed Trinity 7 pm**

**March 13—Stations, Mass and Fish Fry Dinner as above Saint Anthony Parish**

**March 14- Rosary and Mass at Loyola Chapel, Fraternity meeting and potluck lunch**

**@11 at K of C Hall *Bring an item for Povorello Center for donation***

**March 20-Gertrude Moe SFO birthday**

**March 20—Stations, Mass and Fish Fry as above; Saint Anthony Fraternity**

**March 27—Stations of the Cross, Mass and Fish Fry as above, Saint Anthony Parish**

<p><b>Would you like to read a new book or video on Jesus, Francis, or Clare? Please bring a book for your home library from home and trade it for someone else's at the next Fraternity Meeting</b></p>
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**From Our Regional Minister Randy Heinz SFO**

**Dear Brothers and Sisters in Francis and Clare, I was reading 1 Corinthians this evening and I was struck by a passage which gave me pause.**

**“Be on your guard, stand firm in the faith, be courageous, be strong. Your every act should be done with love.” 1 Cor 16:13-14**

**Of course, it never hurts to re-read 1 Cor 13:13**

**“So faith, hope, love remain, these three; but the greatest of these is love.”**

**Let us never cease to pray for healing in our family and may love always be the greatest virtue of our charism. Your humble servant, --**

**Randy Heinz SFO**

**For Prayer Chain Ann Schellinger 529-7629;**

**Please bring your raffle tickets for the afghan to the March fraternity meeting. We will hold the drawing on that day. Thanks go our to Alvina Cyr SFO for crocheting the beautiful afghan.**

**Editor—Jane 370-5395**

**Printer-donated**

**Writers—all of us**

**Address 2200 Humble Road,**

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**Blessings Love Joy**

**Would you like a copy of this newsletter by mail? Kindly send 5 dollars for postage and list your address**

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